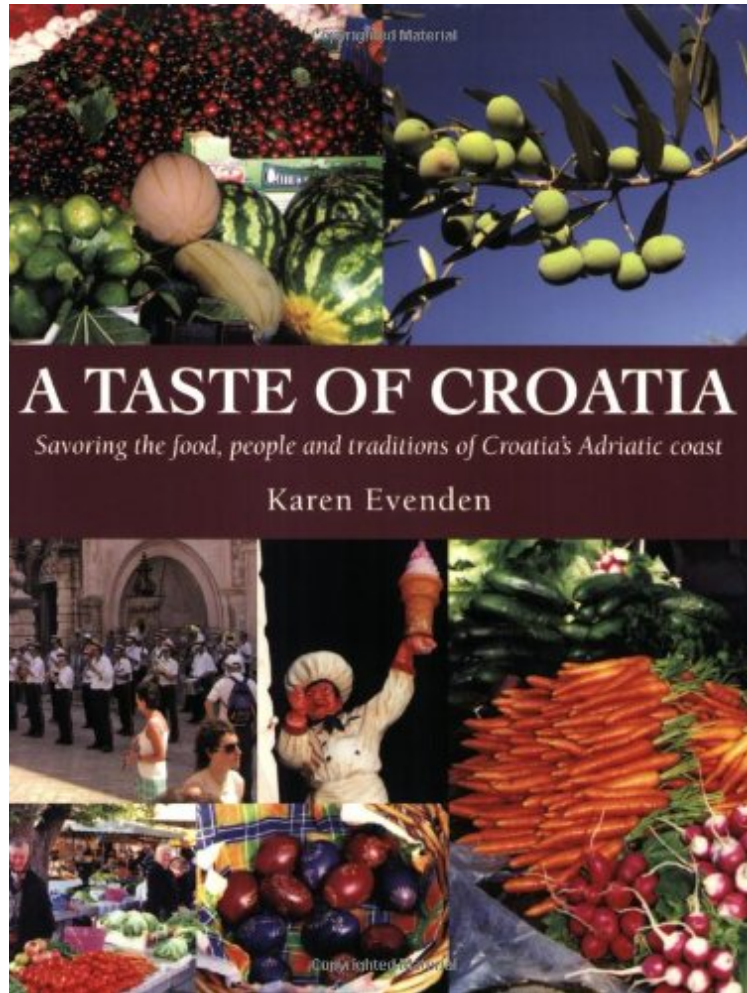


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A Taste of Croatia

Karen Evenden

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Karen Evenden : A Taste of Croatia before purchasing it in order to gage whether or not it would be worth my time, and all praised A Taste of Croatia:

0 of 0 people found the following review helpful. Five StarsBy Customergreat product0 of 0 people found the following review helpful. Five StarsBy ShelliePeeexcellent recipes so far!0 of 0 people found the following review helpful. misread subjekBy Elvina Christophersondidn't realize it was a cookbook. Expected highlights of the country My fault.

A Taste of Croatia...savoring the food, people and traditions of Croatia's Adriatic coast...is both a user-friendly cookbook and an intriguing travel memoir dedicated to the land that the New York Times recently dubbed the "New Riviera." Packed with straight-forward recipes, photos, food facts and anecdotes, the author has created a publication that goes beyond the bounds of what makes a great cookbook...she delivers the spirit of the culture, the country and the

cuisine and then ties it all together with a collection of recipes that will make you want to run to your kitchen and start cooking. Today, throughout America, we are hearing more and more about the benefits of eating fresh, seasonal, local foods that are grown and produced using sustainable methods. However, for today's cooks, it can be difficult to know exactly how to incorporate these concepts into our busy lives without it being too complicated, time consuming or expensive. Toss in a dash of ethnicity and even the most competent home cook can become discouraged. Fear not: A Taste of Croatia provides a straightforward and easy way to celebrate a culture whose dishes can be created anywhere fresh ingredients can be found...all the while capturing you with an inspiring story that will allow you to set out on your own adventure...without leaving your favorite chair. A Taste of Croatia is based on the author and her husband's three-year odyssey sailing the Adriatic coast and living aboard their 50-foot sailboat. It is the story of the lands they explored, the people they met, the markets they visited and the foods they enjoyed. Presented as a well organized, easy-to-use cookbook, most of the recipes have been savored by generations of Croatians and all of the recipes have been adapted for use in American kitchens. It is the author's hope to provide each reader with his or her own enriching, delicious, inspiring and thought-provoking "taste of Croatia."

About the Author A fearless foodie, a fair-weather sailor and a tireless traveler, A Taste of Croatia author, Karen Evenden has been fascinated with food, its history and preparation since childhood. At the age of 17, her curiosity for food was rewarded with a Betty Crocker scholarship to study Home Economics at Cornell University. Since then she has pursued a variety of vocations and avocations in a number of hometowns across America and abroad. Underlying each phase of her experience-filled life, food and travel have remained primary passions. In 1990 her long-term interest in food became her career. She opened The Galley Slave, a cooking school and kitchen store in Seattle, WA. For more than six years, she developed and presented hundreds of cooking classes, followed the trends in American dining preferences and shared the pleasures of her customer's expanded culinary skill and adventures. But then serious competition developed when Sur la Table opened nearby. Change was inevitable. However, change often creates new opportunities and within 18 months, she was off sailing with her newly retired husband in the sunny Mediterranean. From the fall of 1997 to the beginning of summer 2000, they explored France, Italy, Greece and Turkey. Then on the 1st day of summer in 2000, they arrived in Dubrovnik. When they checked into Croatia, they did not know if they would stay a day, a week or a month. Never did they consider that their visit would last for more than three years. It did not take long for Croatia to seduce them. The Croatian cruising lifestyle was magic...a seemingly endless choice of protected coves, charming medieval villages, fascinating farmer s markets, a rich and potent history and a generous and welcoming people. However, even good things come to an end. After seven years of cruising, the yearning for a land-based community encouraged Karen and Bill to search for a home in sun-drenched southern California. Once again, good fortune was theirs...they found a small ranch in California s beautiful and productive Ojai Valley. Today, the boat is sold and they are no longer retired. Karen and Bill are farmers and artisanal entrepreneurs...nurturing their land to produce Mediterranean inspired crops: walnuts, Ojai Pixie tangerines, lavender and olives. Bill works the land and Karen receives endless pleasure in their rural lifestyle; helping to grow the crops, refine the products, develop recipes and write about food.