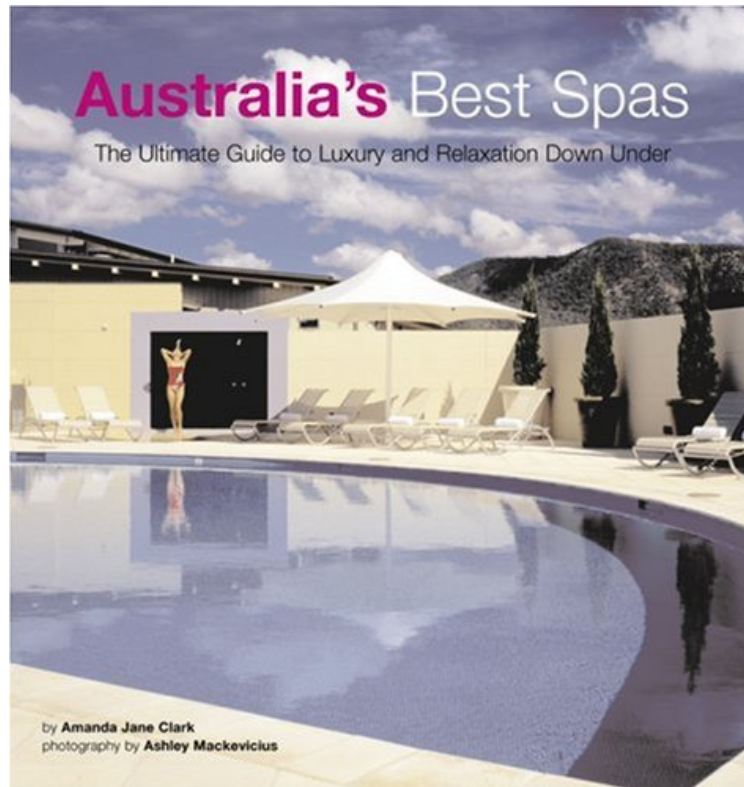


(Download pdf ebook) Australia's Best Spas: The Ultimate Guide To Luxury And Relaxation

Australia's Best Spas: The Ultimate Guide To Luxury And Relaxation

Amanda Jane Clark

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Amanda Jane Clark : Australia's Best Spas: The Ultimate Guide To Luxury And Relaxation before purchasing it in order to gage whether or not it would be worth my time, and all praised Australia's Best Spas: The Ultimate Guide To Luxury And Relaxation:

The new century has brought with it plenty of ways to relax, rejuvenate and pamper yourself, from centuries-old expertise to new-age treatments. Australian spas are at the forefront of this magical mix of the old and new. This book introduces the top Australian spas and reveals their secrets for rejuvenating the mind, body, and soul. It also includes mouthwatering recipes for low-fat, yet tasty, spa dishes which will keep you coming back for more.

About the AuthorAmanda Jane Clark is a freelance writer specializing in food, travel, and lifestyle reporting. Ashley Mackevicius is a Sydney-based photographer. Previous books include Old Food by Jill Duplex and The Food of Australia.