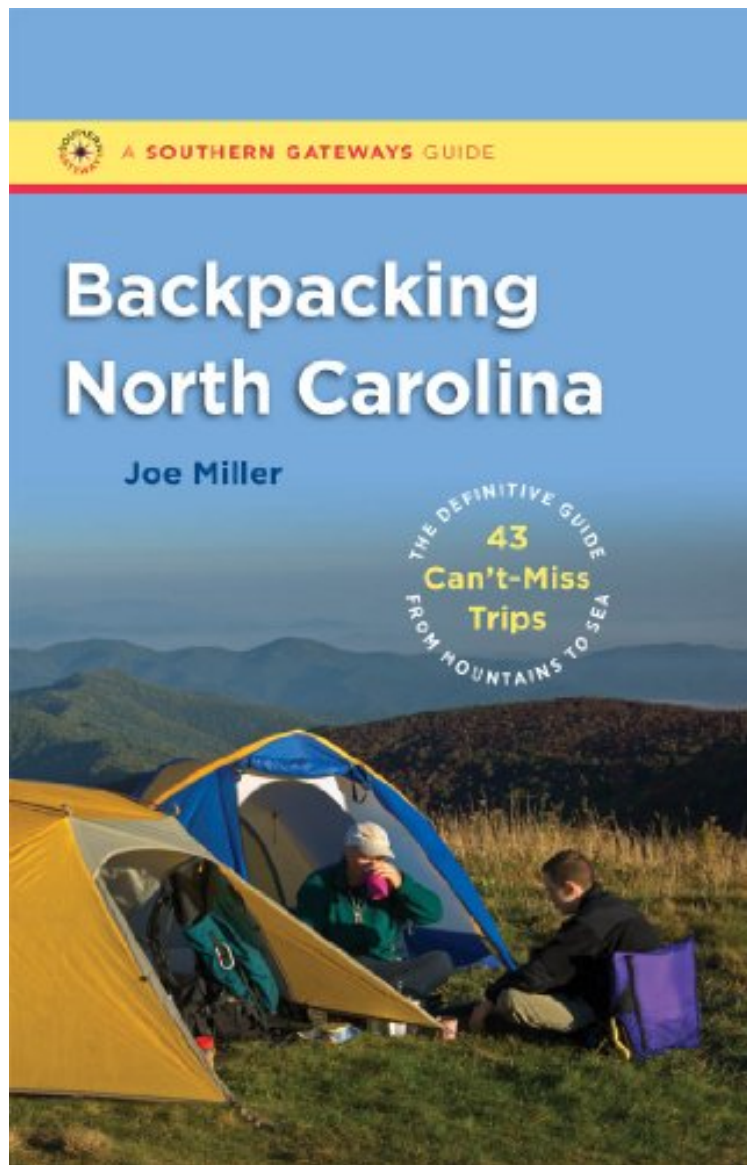


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Backpacking North Carolina: The Definitive Guide to 43 Can't-Miss Trips from Mountains to Sea (Southern Gateways Guides)

Joe Miller

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Joe Miller : **Backpacking North Carolina: The Definitive Guide to 43 Can't-Miss Trips from Mountains to Sea (Southern Gateways Guides)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Backpacking North Carolina: The Definitive Guide to 43 Can't-Miss Trips from Mountains to Sea (Southern Gateways Guides):

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Joe Miller brings us the first-ever stand-alone guidebook to backpacking in North Carolina, a state long known as a terrific backpacking destination. Covering 43 of the best trips the state has to offer, *Backpacking North Carolina* provides all the information necessary for beginning and experienced backpackers alike to enjoy hiking destinations from the mountains to the coast. Each trip description offers key maps and navigation information, including water sources and camping spots, as well as trip highlights and special considerations. Miller offers tips for enriching the experience, such as filling dark nights with stargazing and other activities, and gives advice for backpacking with children. Offering his expertise in a way that emphasizes the accessibility of backpacking, Miller encourages a wide range of nature lovers to give it a try, perhaps for the first time. Several "best-of" lists are included, featuring trips with exceptional nature study opportunities, water recreation, and easy excursions for beginners. *Backpacking North Carolina* takes the reader deep into a state full of natural wonder and adventure. *Backpacking North Carolina* has all the essentials for planning your trip, whether a quick weekend getaway or a longer adventure: Trips for beginner and expert backpackers alike Helpful essays to introduce each trail and its features Gear and safety advice for year-round backpacking Major points of interest highlighted on each trip Family-friendly trails and easy bailouts for when hiking with children Detailed trail maps and directions to trailheads Elevation profiles for each hike Estimated hike times and level of difficulty Camping permit requirements GPS coordinates for water sources and good camping spots Bullet lists of best trips for fishing, bird watching, waterfalls, and more Southern Gateways Guide is a registered trademark of the University of North Carolina Press

Miller's one- to two-page descriptions of the trails are invaluable firsthand impressions, and they really bring the trails to life. . . . This is an excellent guide for backpackers of all skill levels. Even experienced hikers will appreciate the way Miller captures the personality of these trails.--Library Journal Miller's work doesn't disappoint. He provides necessary information for beginner and experienced backpackers alike.--Sierra Magazine Green Life blog Just like the wisecracking, well-meaning, highly informed local you'd run into on a hike, Joe Miller provides detailed, fresh, and reliable information about the many outdoor adventures North Carolina offers. Don't forget to bring along this excellent guidebook on your next hike.--David Howard, executive editor of *Bicycling* magazine and former editor of *Backpacker* magazine Finally, a backpacking guide for ALL of North Carolina! Joe gives us everything we need to enjoy a night (or longer) under the stars all across the state. His refreshing writing style makes this book as much fun to read as it is useful in the field.--Kevin Adams, photographer and author of *North Carolina Waterfalls: A Hiking and Photography Guide From the Inside Flap* Miller brings us the first-ever stand-alone guidebook to backpacking in North Carolina, a state long known as a terrific backpacking destination. Covering 43 of the best trips the state has to offer, "*Backpacking North Carolina*" provides all the information necessary for beginning and experienced backpackers alike to enjoy hiking destinations from the mountains to the coast.