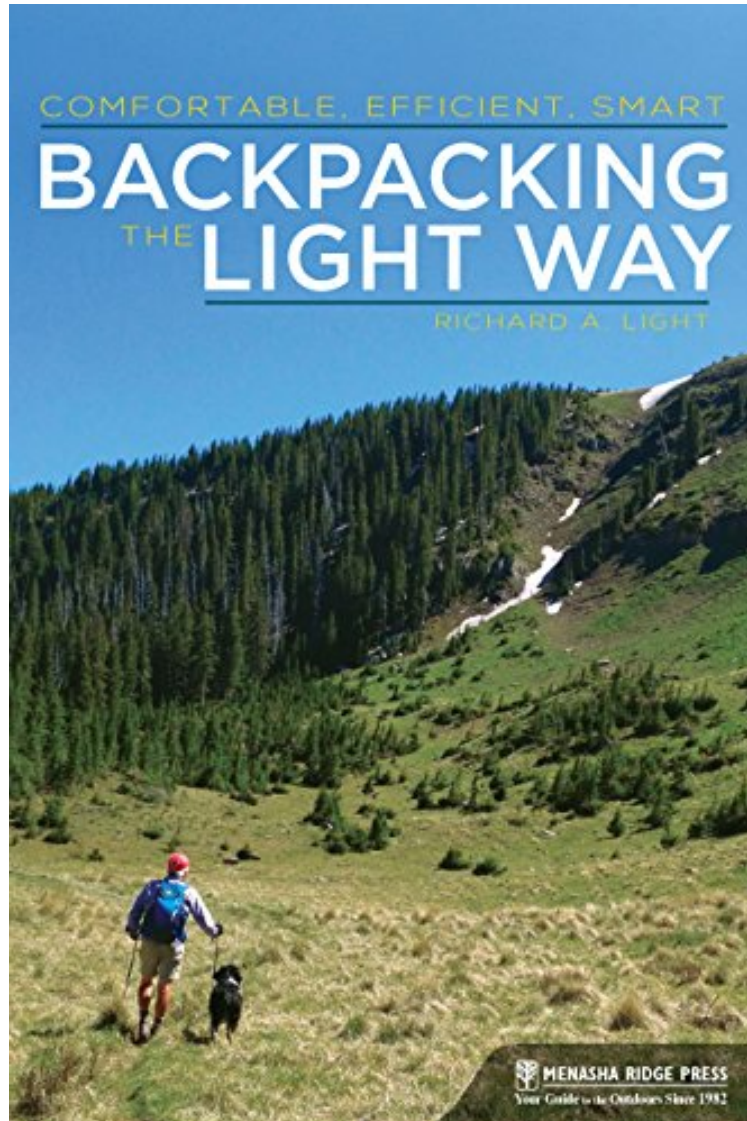


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## Backpacking the Light Way: Comfortable, Efficient, Smart

*Richard A. Light*

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**Richard A. Light : Backpacking the Light Way: Comfortable, Efficient, Smart** before purchasing it in order to gage whether or not it would be worth my time, and all praised Backpacking the Light Way: Comfortable, Efficient, Smart:

1 of 1 people found the following review helpful. Five StarsBy Pro HikerGreat read, smart selections of gear.0 of 1 people found the following review helpful. Not nearly as useful as the books on this topic by JordanBy R J BellamyNot nearly as useful as the books on this topic by Jordan, Ladigan and others, as, in my opinion, it is overly wordy in it's attempts to avoid specific product names etc. His overall philosophy is good, but better expressed by the

phrase I borrow from Skurka - not stupidly light. An interesting read but not the best in this genre. 2 of 2 people found the following review helpful. Light As A Feather! By Senior Camper Rick Light's book *Backpacking the Light Way* changed my perceptions. Rick helped me see I no longer need to be a beast of burden. He opened my eyes to a world of gear I did not know existed, the Ultra Light world. Many small companies are creating highly durable packs that weigh 1-2 pounds, products hand crafted here in the USA. Some large companies, like REI, are now carrying Ultra Light gear. I hope to see more there soon. I believe it is the wave of the future. Rick's book will open your eyes to the freedom of hiking light. Whether you are a UL or conventional backpacker his years of trail experience will help you understand how to create highly organized systems inside your pack so can access objects in a second. He helps you understand what needs to be kept dry, how to keep those pesky rodents away, and how to create systems for food, water, and shelter. Rick's book will lighten you up for travel that gives you the freedom to enjoy the beauty the trail has to offer in safety, style, and comfort. A must read for group treks or the solo hiker.

This is not another backpacking gear book. *Backpacking the Light Way* by author Rick Light is for both beginner and advanced backpackers who want to pack more efficiently, carry less weight, still be fully prepared for contingencies, and have more fun in the backcountry. It will benefit instructors and guides by giving them methods to teach their clients, and it will help them refine their risk assessment and trip planning techniques. This book presents field-tested, proven methodologies including gear organization, modular packing systems, and creating gear lists that work. Assessing conventional gear currently owned and understanding the mindsets of both conventional and ultralight backpacking. Navigating the mindset shift required to seriously lighten up and redefining each gear system to meet your needs. Dealing with winter conditions and packing to minimize frustration. Assessing risk, effective trip planning and much more.

From the Inside Flap **THIS IS NOT ANOTHER BACKPACKING GEAR BOOK.** *Backpacking the Light Way* has one goal: to help backpackers lighten their loads. You need not sacrifice comfort to enter the world of ultralight backpacking, but you do need to change the way you think about gear, pack loads, and planning. Preservation of comfort is the guiding principle of this book. It allows you to learn ultralight techniques and tricks without sacrificing what's important. Longtime professional outdoor-skills instructor Richard Light teaches field-tested, proven strategies for: Planning a modular packing system Creating gear lists that work Navigating the steps required to seriously lighten up Understanding the differences in conventional and ultralight thinking Dealing with winter conditions Packing to minimize frustration Assessing risk in the backcountry Effective trip planning *Backpacking the Light Way* helps beginners as well as advanced backpackers pack efficiently, carry less weight while still being fully prepared, and have fun in the backcountry.