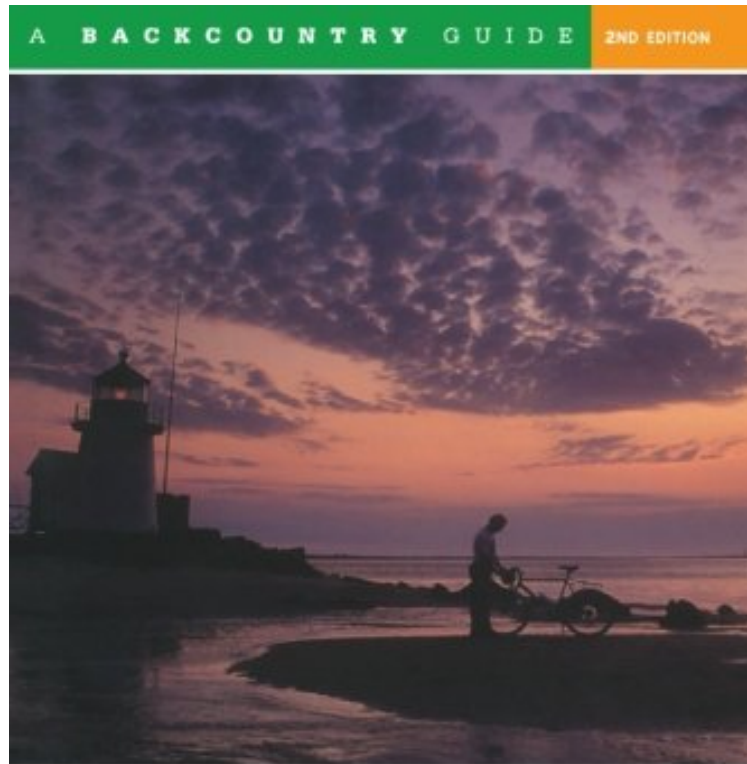


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## Backroad Bicycling on Cape Cod, Martha's Vineyard, and Nantucket, Second Edition (Backroad Bicycling Series)

*Susan Milton, Kevin Jeffrey, Nan Jeffrey*  
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Susan Milton  
and  
Kevin and  
Nan Jeffrey

### Backroad Bicycling on Cape Cod, Martha's Vineyard, and Nantucket

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**Susan Milton, Kevin Jeffrey, Nan Jeffrey : Backroad Bicycling on Cape Cod, Martha's Vineyard, and Nantucket, Second Edition (Backroad Bicycling Series)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Backroad Bicycling on Cape Cod, Martha's Vineyard, and Nantucket, Second Edition (Backroad Bicycling Series):

0 of 0 people found the following review helpful. If you want to bike and hit the highlights this is for you  
By Clueless  
Even though it is a bit outdated we found this book very useful for finding good biking routes around the cape. This book will always go to the cape with us.  
0 of 0 people found the following review helpful. I love these guys  
By Mark S. Lambdin  
Imagine a ride guide for those who love to ride, but don't do 5K a year in the North East. I have ridden the Cape a good bit and appreciate the honest evaluations of terrain and difficulty in this book. Even though some of these rides can be challenging (that is bike-speak for 18% or better), the Cape traffic is as bicycle literate as you are likely to find.

This indispensable guide to cycling Cape Cod and the islands now includes rides on dirt roads and trails for both touring and mountain bikes. The natural beauty of Cape Cod, Martha's Vineyard, and Nantucket is best appreciated from the intimate vantage point of a bicycle: sand dunes and beaches, cranberry bogs and pine forests, wildflower meadows and tidal creeks, and above all, the ever-present sea. Susan Milton has completely updated this guide to include tours on back roads and little-traveled paths. They avoid the crowds and traffic that can plague the Cape, taking riders instead along scenic lanes and past quiet harbors. Each chapter includes a detailed map of the tour, mile-by-mile directions, and information on the area's maritime heritage and natural history, as well as places to eat, stay, and repair or rent a bike. 31 up-to-date maps, includes tours for both mountain bikes and road bikes. The first edition of this book was titled 25 Bicycle Tours on Cape Cod the Islands. 25 black-and-white photographs, 31 maps

About the Author  
Susan Milton, who has lived and worked on Cape Cod since 1973, is a reporter for the Cape Cod Times. She lives in Orleans, Massachusetts.  
Kevin Jeffrey is the co-author (with Nan Jeffrey) of Adventures with Children as well as three other books.  
Nan Jeffrey, a resident of Cape Cod for many years, now lives on Prince Edward Island with Kevin Jeffrey.