

## Balancing on Blue

*Keith Foksett*

*ePub | \*DOC | audiobook | ebooks | Download PDF*



DOWNLOAD



+

READ ONLINE

#161709 in Books 2015-03-16Original language:EnglishPDF # 1 8.00 x .64 x 5.00l, #File Name: 1480176419282 pages | File size: 50.Mb

**Keith Foksett : Balancing on Blue** before purchasing it in order to gage whether or not it would be worth my time, and all praised Balancing on Blue:

125 of 126 people found the following review helpful. Wanted so much to give 5 starsBy R BillI have read all three of Mr. Foksett's books. In a row. In the same week. Very compelling reading. The author elevates the average thu-hike

memoir with a wonderful sense of story-telling. The reader gets to understand the terrain, the beauty, the wonder; rather than just a daily re-hash of a trail journal (as interesting as those can be). Recommended to anyone who is thinking of such an undertaking or for those of us who can only experience such things vicariously. So, why not 5 stars? The author's habit of denigrating those who are only out for a day, or possibly just a peek at the trail. Fortunately, these nasty digressions are brief and rare. It would be fine if everyone could walk and walk and walk as the author has. It would be great if everyone could be gifted with the health and ability to pick up for six or more months to pursue such an epic hike. However, and sadly, this is not the case. Some of us venture a mile or so up the trail, up the stairs, out of breath, just to get a glimpse of what the author has the health to accomplish and the skill to write so blithely about. Next time you see the middle-aged "out of shape", overweight woman slowing down your thru-hike, keep in mind this may be her dream to just walk that mile, struggle up those stairs, because injury or illness means that is the best she can do. To walk a mile on a trail may be just as big an accomplishment to her as completing thousands of miles is to the author. Comments such as yours is why many would rather not attempt at all rather than face the scorn and ridicule such as the author exhibits on occasion.

2 of 2 people found the following review helpful.  
most of them seem pretty much the same  
By Al Stone  
Maybe three and a half stars. Maybe I've read too many Appalachian Trail books; after a while, most of them seem pretty much the same. Keith Foskett Fozzie starts and ends his book with biographical sketches of the individuals he hikes with on the trail. That's a change. For Fozzie, long distance hiking is part of his life style and he philosophizes about this and the meaning of the trail throughout the book. The account of his hike is straightforward and fairly interesting, perhaps aided by his English (not British) perspective. There are some errors (like Goreham, NH). Not great, but a solid narrative of an Appalachian Trail adventure.

0 of 0 people found the following review helpful. It's a good read I enjoyed it if your thinking an out ...  
By tom  
It's a good read I enjoyed it if your thinking an out walking the AT this book will give you a look at what it will be like out on the trail, or if you can't walk it you get a look into the journey the writer took on his through hike from the highs when things go right ,and the lows when they dont

A #1 Amazon Best Seller - Thousand of downloads - The third book from Keith Foskett. Shortlisted for Outdoor Book of the Year by The Great Outdoors Magazine. Every year several thousand people attempt to hike all 2180 miles of the Appalachian Trail in the eastern United States. Being the first of the big three hikes in America, it is where long-distance hikers go to cut their teeth. Keith Foskett has another reason. Dromomania, or the uncontrollable urge to wander, has been part of his life since childhood. Hiking is his chosen method to placate the wanderlust. Accompanied by an array of eclectic characters including a world champion juggler, a drug dealer, an Everton fan whose visa is expiring and a sex-starved builder from Minnesota, his experience is far from normal. Battling a fear of snakes, bears, being in the woods after dark and his own demons, it's physically exhausting -- as well as a psychologically challenging. His adventure weaves a route through some of America's wildest landscapes and history, and is told with insight, humour and reflection. 'Be prepared for great story telling, unique and interesting characters, humour and insight.' Andrew Skurka - National Geographic Adventurer of the Year. 'A highly anticipated Appalachian Trail Memoir, and well worth the wait.' Daniel Neilson - The Great Outdoors Magazine. 'Essential reading for those contemplating their own big adventure.' David Lintern - Outdoor Enthusiast Magazine. 'The wilds of this planet are serene, peaceful and offer the chance to break away from a normal existence. Keith's book wonderful perspective of the trail reflects this freedom.' Jennifer Pharr Davis - Author and past record holder for the fastest ever hike of the Appalachian Trail.

About the Author Keith Foskett has hiked over 10,000 miles in recent years and holds a deep respect for the outdoor spaces of this world. Well known in hiking circles, He has written three books and contributes to various outdoor publications. His books have been shortlisted for a number of awards and his outdoor blog was voted blog of the year. He's partial to a decent bottle of Rioja, and nurtures an unhealthy interest in down sleeping bags and woollen underwear. He was born and still lives in southeast England.