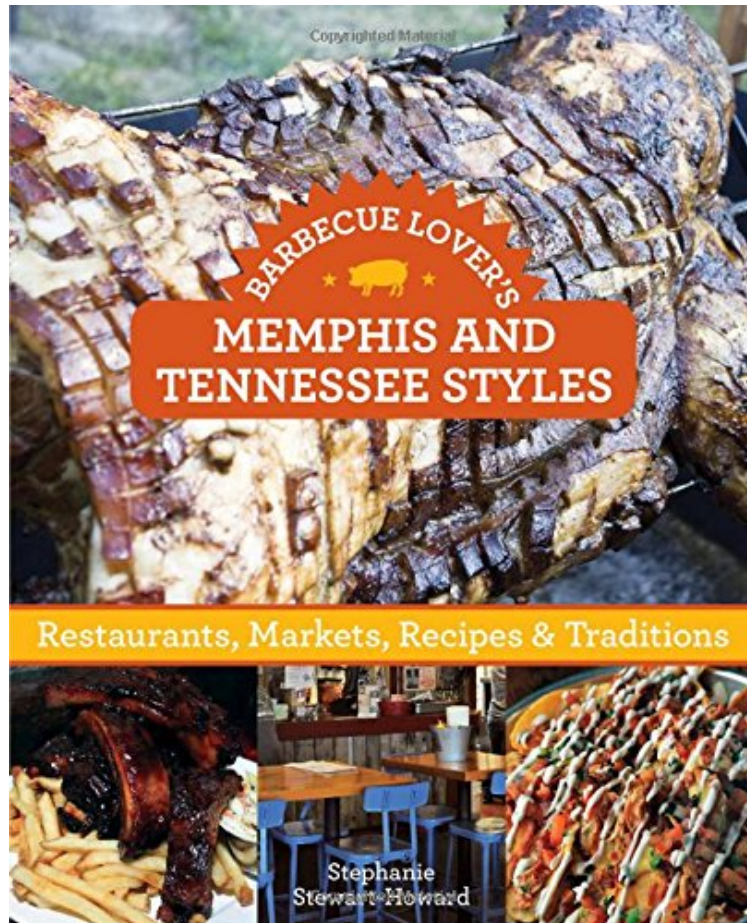


# Barbecue Lover's Memphis and Tennessee Styles: Restaurants, Markets, Recipes Traditions

*Stephanie Stewart-Howard*  
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Barbecue Lovers Guide to Memphis- and Tennessee-Style celebrates the best this southern region has to offer. Perfect for both the local BBQ enthusiast and the traveling visitor alike, each guide features: the history of these BBQ culinary styles; where to find--and most importantly consume--the best of the best local offerings; regional recipes from restaurants, chefs, and pit masters; information on the best barbecue-related festivals and culinary events; plus regional

maps and full-color photography.

About the Author Stephanie Stewart-Howard is a journalist and author whose resume also includes work as an artist, actor, costume designer and researcher. After spending several years as managing editor and primary writer at Nashville Lifestyles magazine, she decided to leap into the book and freelance world. She is the author of Nashville Chefs Table. She lives in Arrington, Tennessee.