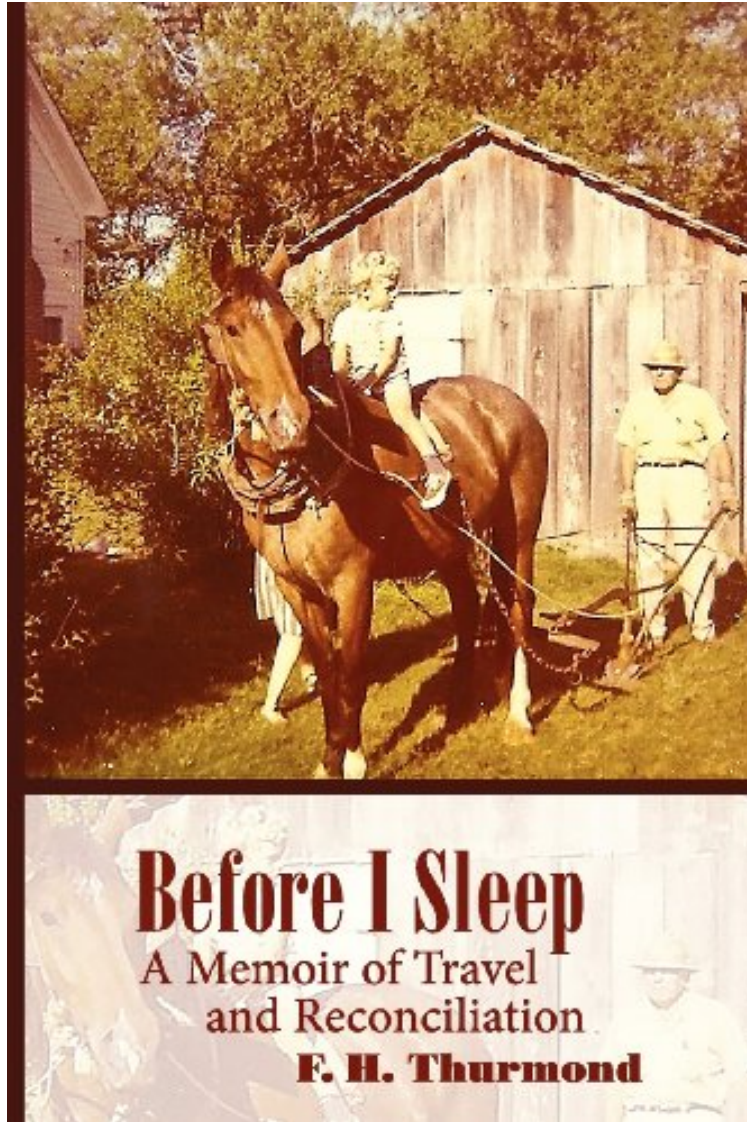


Before I Sleep: A Memoir of Travel and Reconciliation

Frank H. Thurmond

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Frank H. Thurmond : Before I Sleep: A Memoir of Travel and Reconciliation before purchasing it in order to gage whether or not it would be worth my time, and all praised Before I Sleep: A Memoir of Travel and Reconciliation:

0 of 0 people found the following review helpful. Inspiring story of a life fulfilledBy Don MurthI found this to be a truly inspiring memoir. The author's unique and substantive life achievements---including his accomplishment of attending Oxford University against great odds (culminating in a fascinating meeting with Queen Elizabeth II!)---are

enviable and make for page-turning reading. And his deeply moving personal account of finally meeting his 'long-lost' father on his deathbed reminds the reader of the ultimate value of closure and of letting go. A gripping, moving and entertaining read!

0 of 0 people found the following review helpful. I loved it!

By Carla Golian I met Frank in Los Angeles a few years ago, and I was lucky to have read and enjoyed his screenplay, "The Fifth Man" - based on a true story - 'The chilling story of the real-life spy who inspired Ian Fleming's James Bond..' So much I didn't know which I learned about him from his book, "Before I Sleep" What a wonderful journey it was! I laughed, I had tears, I traveled and learned. Thank you for sharing your experiences in this wonderful book. I definitely recommend it. ~Carla Golian (author of "Dreams of Love")

0 of 0 people found the following review helpful. A Talented New Literary Artist

By Jon David Cash, author of *Before They Were Cardinals* Frank Thurmond recalls in *Before I Sleep* the first thirty-two years of his life, from his earliest memories as a three-year-old boy growing up in the idyllic surroundings of his grandparents' farm outside Crossett, Arkansas, to living in the much bigger cities and far brighter lights of Little Rock and Dallas and traveling to exotic European locales in Spain, England, Moscow, and Paris. Along the way, he develops an ability to cope with a world full of problems just as dangerous as the snakes lurking around the pond on his grandparents' farm. His emerging intellect and well-honed determination hold him in good stead when, while pursuing graduate studies at the University of Oxford, he is suddenly forced to come to terms with his virtually unknown biological father. *Before I Sleep*, exquisitely written, chronicles the background of a talented new literary artist.

Before I Sleep begins with a telephone call: Absent for three decades, Thurmond's birth father phones from his death bed, offering his son a chance for reconciliation. During those decades of absence, the son passes through childhood in the rural South to fulfill his dream of studying abroad at Oxford University. Along the way, his travels take him from Dallas to Madrid to Soviet Moscow. The people he meets are larger-than-life, including Allen Ginsberg, Bill and Hillary Clinton, and Queen Elizabeth II. Recounting life-shaping events and the insights they yield, *Before I Sleep* brings Thurmond's physical, intellectual, and spiritual journey vividly to life. Readers will find this an engaging and deeply inspiring memoir.