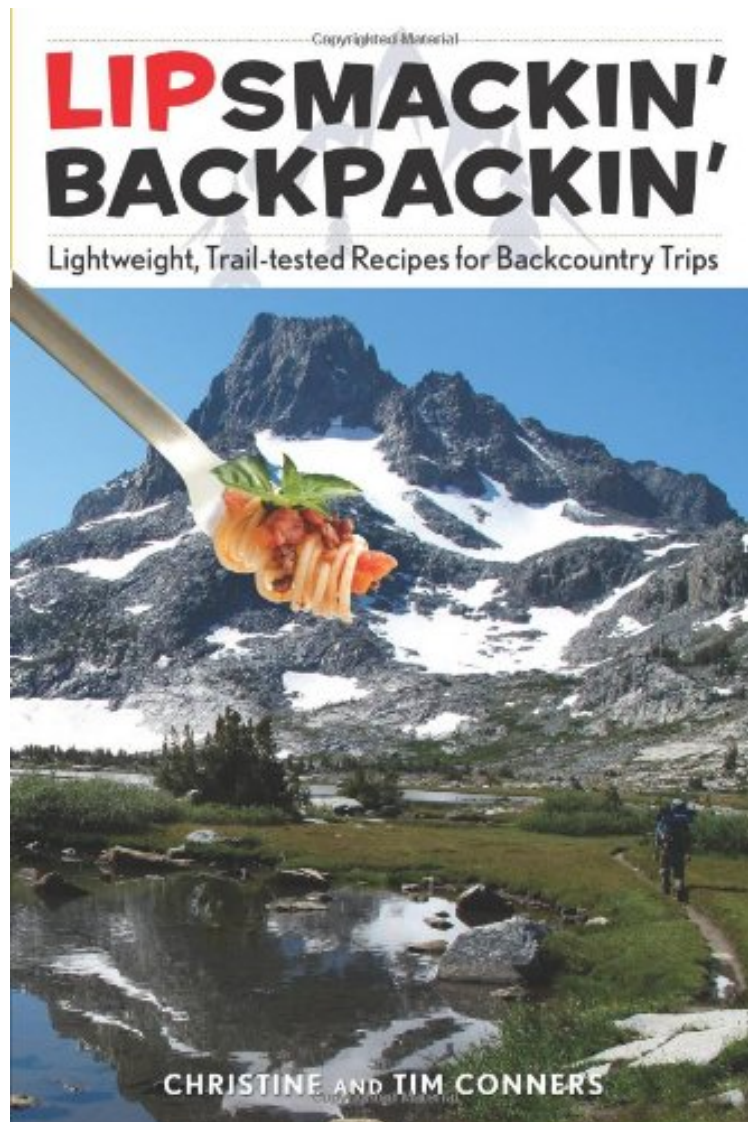


(Ebook free) Lipsmackin' Backpackin': Lightweight, Trail-Tested Recipes For Backcountry Trips

## Lipsmackin' Backpackin': Lightweight, Trail-Tested Recipes For Backcountry Trips

*Christine Conners, Tim Conners*

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**Christine Conners, Tim Conners : Lipsmackin' Backpackin': Lightweight, Trail-Tested Recipes For Backcountry Trips** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Lipsmackin' Backpackin': Lightweight, Trail-Tested Recipes For Backcountry Trips:

4 of 4 people found the following review helpful. Best cookbook of its kind By O. Lechnowsky The best cookbook I've found for wilderness backpacking, canoeing or bike touring trips. I have 4 or 5 books of this type, but we always seem

to end up picking our meals from this one. All the recipes we've tried are tasty. It does presume some knowledge of food dehydration, so don't expect to get that here - buy another book for that. One frustration is the inconsistent number of servings which vary from one recipe to the next. Some recipes are hard to scale because they utilize prepackaged ingredients such as lipton onion soup mix or pasta sides and its difficult to accurately use partial packages. There is good variety however, and anybody should be able to find recipes suited to their tastes and abilities.

1 of 1 people found the following review helpful. The instructions and quality of the meals in LipSmackin' Backpackin' were hands down the best. I just finished a two day backpac

By LeMonte Gregory Outstanding recipe book! I got tired of paying through the nose for pre-packaged dehydrated meals for backpacking. I received a dehydrator as a gift so decided to try a few recipes before an upcoming backpacking trip. I order this book along with a few others - and I tried a recipe or two from each. The instructions and quality of the meals in LipSmackin' Backpackin' were hands down the best. I just finished a two day backpacking trip where I volunteered to provided three meals for five of us and everyone raved at how good the meals were. I even pulled of a cake in a backpacking pot! Highly recommend.

0 of 0 people found the following review helpful. Do you have a dehydrator and time to mince, chop, etc...?

By ky\_yaegel I thought this was going to have recipes that were simple and light weight. I was wrong. While most of the recipes are designed for backpacking by using dehydrated ingredients, many of them are very complex (8, 10, and even 12 ingredients), and/or require extensive prep work at home. I may end up using 1 or 2 of the recipes, but am generally disappointed with how things turned out.

From the Back Cover

Not a fan of bland, boring, and lifeless meals after a hard day of backpacking? Neither are Christine and Tim Connors, which is why you'll find their second edition of Lipsmackin' Backpackin' packed full of even more tasty favorites from the long trails! Completely revised and updated, this all-in-one essential food guide builds on the tried-and-true format pioneered by the original edition, providing clear and thorough at-home and on-trail preparation directions, nutrition and serving information, and the weight each recipe will contribute to your pack, while adding a wealth of reference information and extensive instruction in the fundamentals. Also included in the second edition is data on challenge level and preparation time. Pacific Crest Pancakes, Coz-Hill Chicken Curry Salad, Jammin' Jambalaya, and Buried Forest Trail Fudge- it's in here! From trailhead to the highest mountain pass and beyond, Lipsmackin' Backpackin' has you covered.