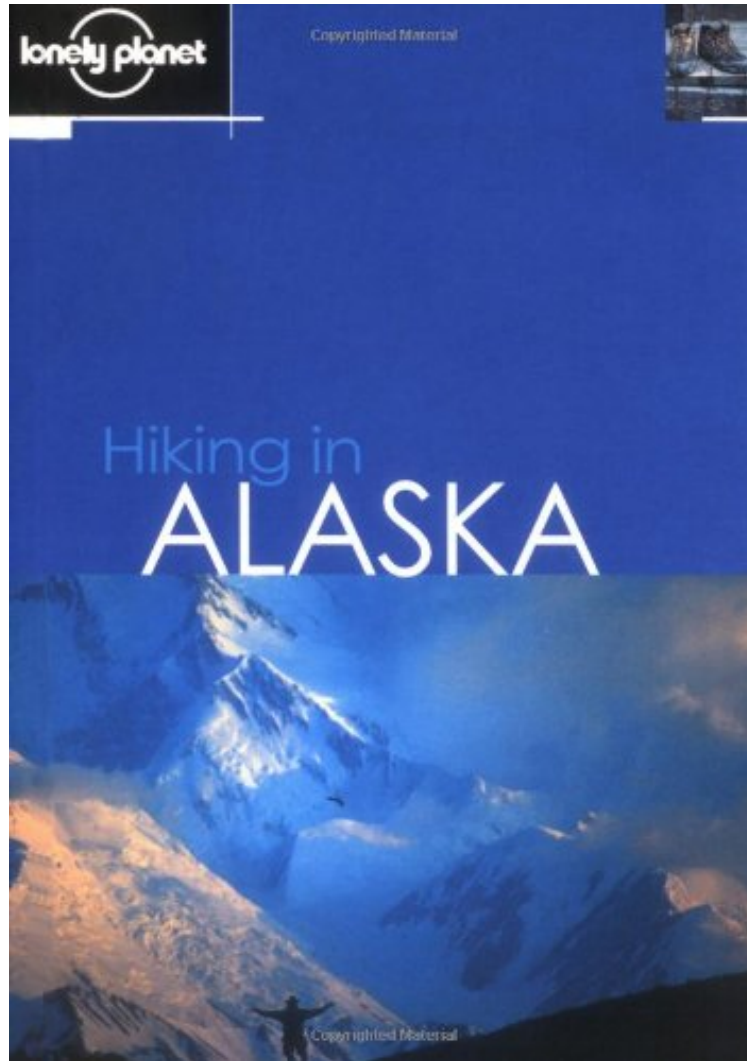


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Lonely Planet Hiking in Alaska

Jim DuFresne

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Jim DuFresne : Lonely Planet Hiking in Alaska before purchasing it in order to gage whether or not it would be worth my time, and all praised Lonely Planet Hiking in Alaska:

0 of 0 people found the following review helpful. WonderfulBy MikanaThis book is fantastic just what I was looking for to plan my next summer's multiple hiking adventures in ALASKA.0 of 0 people found the following review helpful. Very solid guideBy EatSmart SupportUsed this guide in planning my trip to Alaska this summer. Was very happy. Didnt steer us to many touristy things but gave us the real low down on what to do and more importantly, what to avoid.19 of 20 people found the following review helpful. Covers the state, but there are better books if you day-hikeBy AnonymousIf you're going to Southcentral Alaska (i.e., anywhere within 100 or so miles of Anchorage, including the Kenai Peninsula) a much more comprehensive and useful book is 55 Ways to the Wilderness in

Southcentral Alaska by Helen Niehauser (sp?). Unlike *55 Ways*, Dufresne's book does cover the whole state, but it lists only a small number of hikes, and they are all multi-day trips, some of them requiring good route-finding skills. It also appears that Dean Littlepage's (sp?) book on hiking in Alaska has statewide coverage and lists many more hikes than this book, though I have only thumbed thru the TOC of that one. On the other hand, Dufresne knows his stuff, writes engagingly, and describes some renowned multi-day hikes in depth. I took a longish trip to Alaska hiking the trails he recommended and had a wonderful time.

Includes comprehensive route descriptions for 37 of the best hiking trails in Alaska; an accurate two-colour contour map of every hike; hikes at all levels of expertise, from short walks to challenging wilderness expeditions; and expert tips on trip planning, best modes of transport to the trails, safety and equipment.