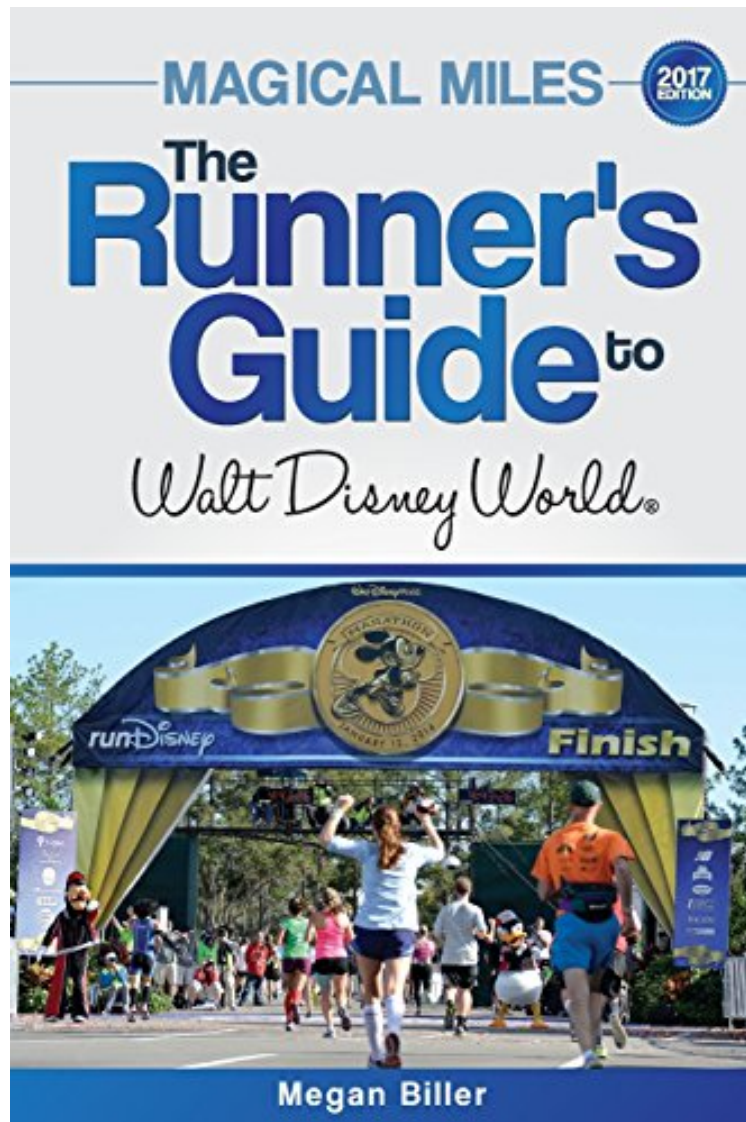


Magical Miles: The Runner's Guide to Walt Disney World 2017

Megan Biller

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Megan Biller : Magical Miles: The Runner's Guide to Walt Disney World 2017 before purchasing it in order to gage whether or not it would be worth my time, and all praised Magical Miles: The Runner's Guide to Walt Disney World 2017:

Imagine a magical vacation where fun and fitness are melded together for the whole family to enjoy. This is the hallmark of a runDisney event! These events are growing by leaps and bounds, and selling out faster each year. It

takes expert planning to incorporate a runDisney event into an already jam-packed family vacation. **Magical Miles: The Runners Guide to Walt Disney World** will guide you through all runDisney events, outlining the answers to difficult questions, including: - Which race is right for me and my family? - How should I navigate events? - Which restaurants offer the best celebration meal? - What entertainment will I see along the race course? - How should I pack for a runDisney event? - What resources are available for training? From a diaper dash for the smallest of athletes to a multi-day 48.6 mile running event known as the Dopey Challenge, there truly is something for everyone. Even friends and family can spectate and get in on the fun! The Disney magic is experienced throughout the weekend as every runner is celebrated, from the first finisher to the last, along with every runner in between. Offering advice on resorts, restaurants, race registration, packing tips, spectator information, training, race day information and much more, these guidebooks give participants peace of mind before heading into their first or fiftieth runDisney event. Having experienced runDisney events, Disney resorts and restaurants, along with in-depth research about runDisney events and logistics, the authors of **Runners Guide to WDW** have every aspect of your vacation and race covered.

About the Author Megan Biller is an avid runner and Disney enthusiast and has been visiting Walt Disney World since she was just a toddler. The love of Disney only grew as she continued to visit the parks and sail on the cruise line. Having been athletic all her life, she took to running, and has experienced multiple runDisney events falling in love with each and every one. Her husband is a recurrent ChEAR Squad member and personal photographer for her events, encouraging her along the way. As a gluten free runner, Megan has insight on the best gluten free meals at Walt Disney World.