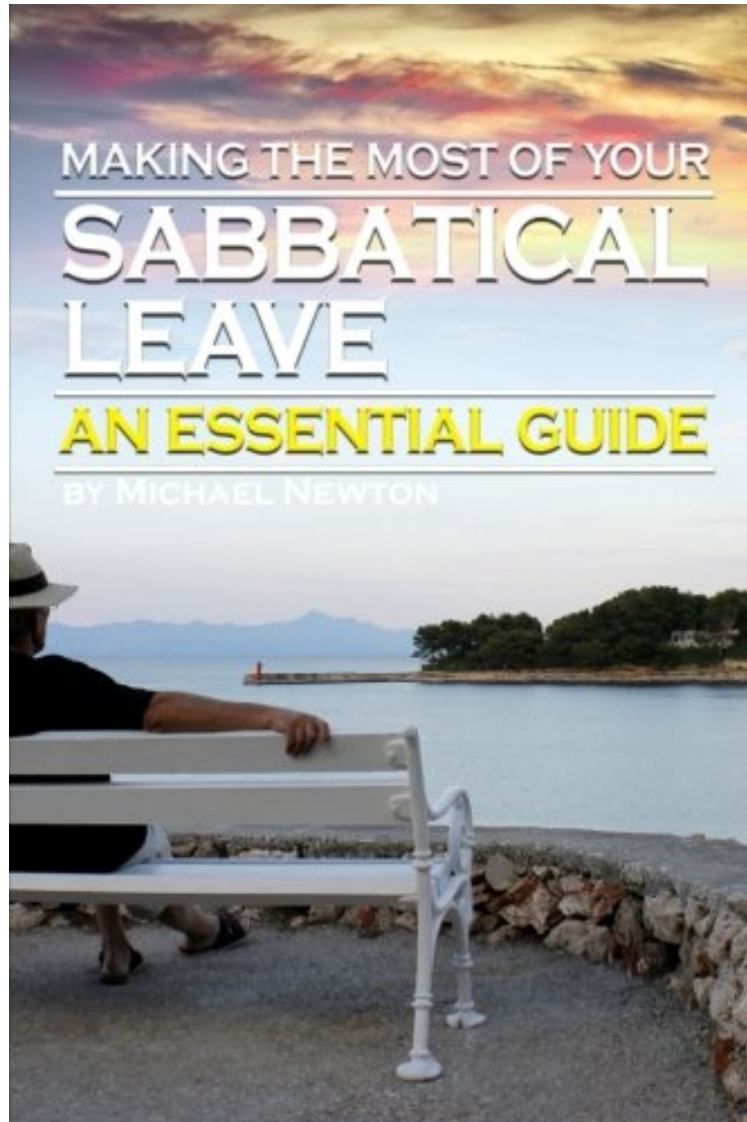


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Making the Most of Your Sabbatical Leave: An Essential Guide to Taking a Career Break (or Sabbatical) to Rejuvenate Your Life While Using Time Wisely

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Taking a Career Break (or Sabbatical) to Rejuvenate Your Life While Using Time Wisely:

Did you know that the Bible literally commands people to take a Shabbat or sabbatical from work? God took a Shabbat after spending six days creating the world and the same was ordained for ordinary people. In our present society, a sabbatical leave or simply "sabbatical," was originally granted to professors after six years of service to give them a chance to broaden their horizons beyond the classroom, get a much needed break, and prevent burn out. Eventually, corporate organizations and even some smaller companies soon followed suit too. Whether you're a teacher or a company executive, you're probably excited by the prospect of taking a sabbatical, and considering how long and how hard you've worked, you certainly deserve it! This book is a must-read guide, providing practical suggestions on how to make the most out of this special opportunity. And since a sabbatical is not only a time off from the routine, but also a move that carries potential risks which can impact your career, reputation, and income as well, I'll also explain how to best deal with these potential pitfalls so that you can fully enjoy your sabbatical without worry.