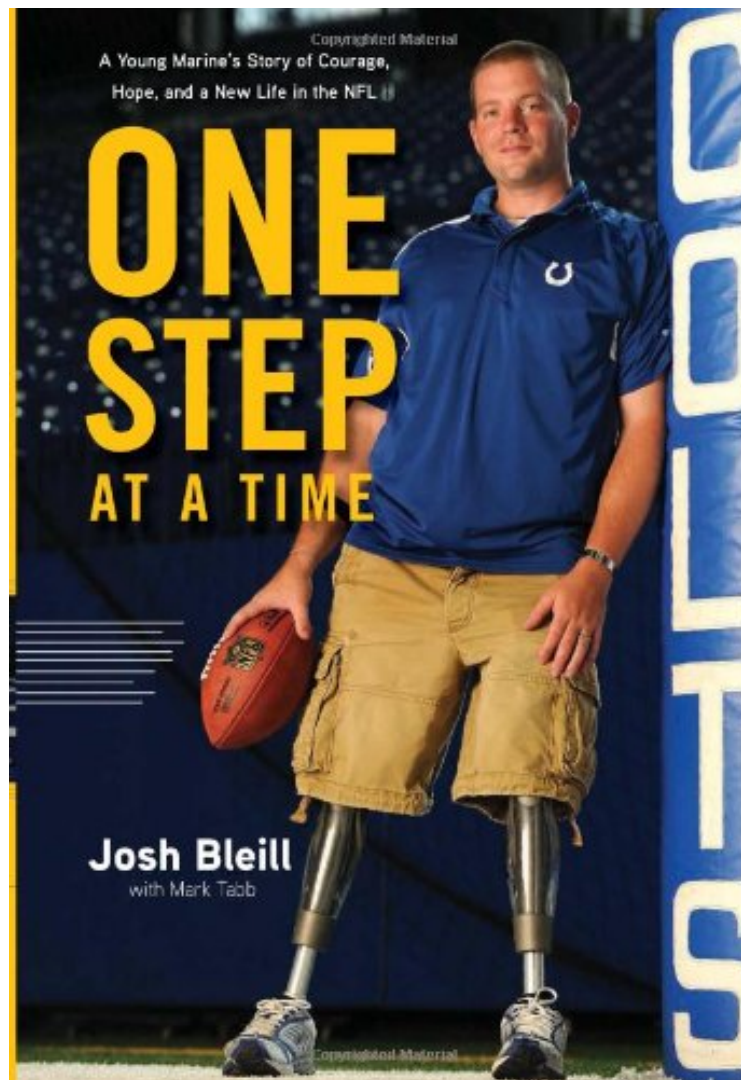


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## One Step at a Time: A Young Marine's Story of Courage, Hope and a New Life in the NFL

*Josh Bleill, Mark Tabb*

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**Josh Bleill, Mark Tabb : One Step at a Time: A Young Marine's Story of Courage, Hope and a New Life in the NFL** before purchasing it in order to gage whether or not it would be worth my time, and all praised One Step at a Time: A Young Marine's Story of Courage, Hope and a New Life in the NFL:

0 of 0 people found the following review helpful. READ THIS BOOK!! ...then give it away and buy another copyBy Tom ShattuckJosh Bleill is a unique person with a hopeful attitude and an amazing outlook on life. This book will

make you laugh, cry and, most importantly, it will inspire you. I had the privilege of knowing Josh during his "Disney days" (p. 187). Even then, his giving personality and fun-hearted spirit was visible and quite contagious. I, like so many others, watched his recovery progress with hope and optimism. I'm thrilled he is now sharing his story with the world! This is a wonderful book and a great stocking-stuffer, graduation gift, birthday present or for anyone who likes to be inspired. This book truly encompasses the meaning behind the Marine motto 'Adapt and Overcome.' Josh sums it up best, when he wrote... "Any time I started feeling sorry for myself, I remembered that no matter how bad I thought I had it, others struggled with far more than I ever will. It reminded me to be thankful for what I had and to give to those who were less fortunate." Congrats Josh! Keep doing what you do!

1 of 1 people found the following review helpful.  
One Step at a Time  
By Elizabeth L. Ruble  
I had the pleasure of listening to this young man speak at a graduation ceremony at the Indiana Law Enforcement Academy. I was so impressed I googled his name and decided to buy his book. It was an extremely well written, informative book about what he went through after losing his legs in Iraq. He's a Hoosier; so am I. He's a Colts fan; so am I. He's a veteran; so am I. One of his buddies who was killed in the same attack that injured Josh, Brock Babb, is from Evansville, Indiana; so am I. This is a "must read" book for anybody who is a vet, knows a vet, or cares about our veterans. I could not put it down! Thank you, Josh, for your service!

0 of 0 people found the following review helpful. Marines, a special group who never lose the desire to push through!  
By William R Weatherford  
If this book does not inspire you to do something different with your life, you are either a veteran who has returned and is already making a difference in a new way, or you may need to check yourself for a pulse. Very inspiring, removes any thought that being in the reserves is just way to get an extra check. It has changed my perspective on those who have returned regardless of whether there are any physical signs of injury. God bless them all!

Josh Bleill tells people he had "one bad day". On October 15, 2006, while on a combat patrol in Fallujah Iraq, an IED (improvised explosive device) struck Josh's Humvee. The explosion tore through the vehicle killing two of his fellow marines and severely injuring Bleill and his best friend. Josh awoke five days later with the news of the loss of his two friends and both of his legs. *One Step at a Time: A Young Marine's Story of Courage, Hope, and a New Life in the NFL* follows his journey from his enlistment then on to active duty in Fallujah, through two years of rehab, and ultimately to his job as the community spokesman for the Indianapolis Colts. Readers will be inspired by his undying enthusiasm, infectious joy, and sense of humor. Everyone has had that "one bad day". Josh discovered that life begins when we embrace our bad days and keep going forward, one step at a time.

About the Author  
Josh Bleill is a community spokesperson for the Indianapolis Colts. On October 15, 2006, he was conducting combat patrols in Fallujah, Iraq, when his vehicle was struck by an improvised explosive device. He suffered multiple injuries including the loss of both his legs. He lives in Carmel, Indiana. Mark Tabb has authored or coauthored more than 25 books, including the New York Times bestseller, *Mistaken Identity* and *A Promise to Ourselves* (with Alec Baldwin). His solo titles include, *Living with Less: The Upside of Downsizing Your Life* and *How Can a Good God Let Bad Things Happen?*