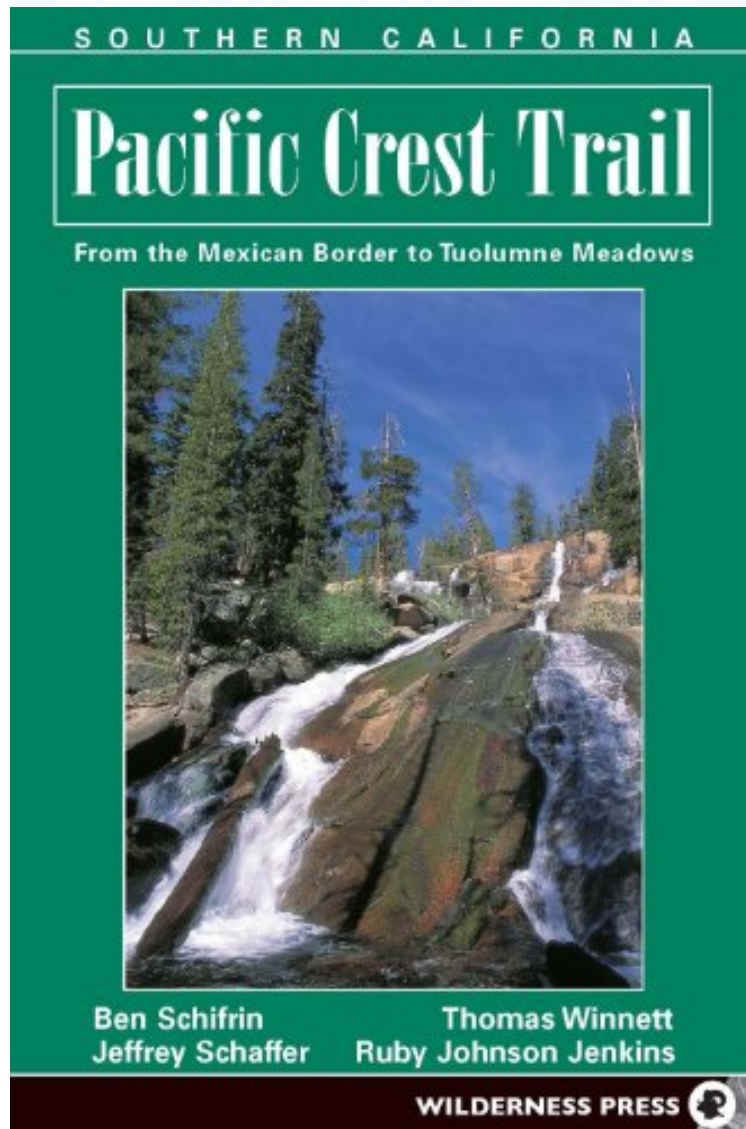


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...the best of the best. --National Outdoor Book Awards About the Author Schiffrin is an emergency physician practicing in the Sierra foothills. Schaffer made his first backpacking trip in 1962 at age 19. He has taught geology and geography at Napa Valley College.