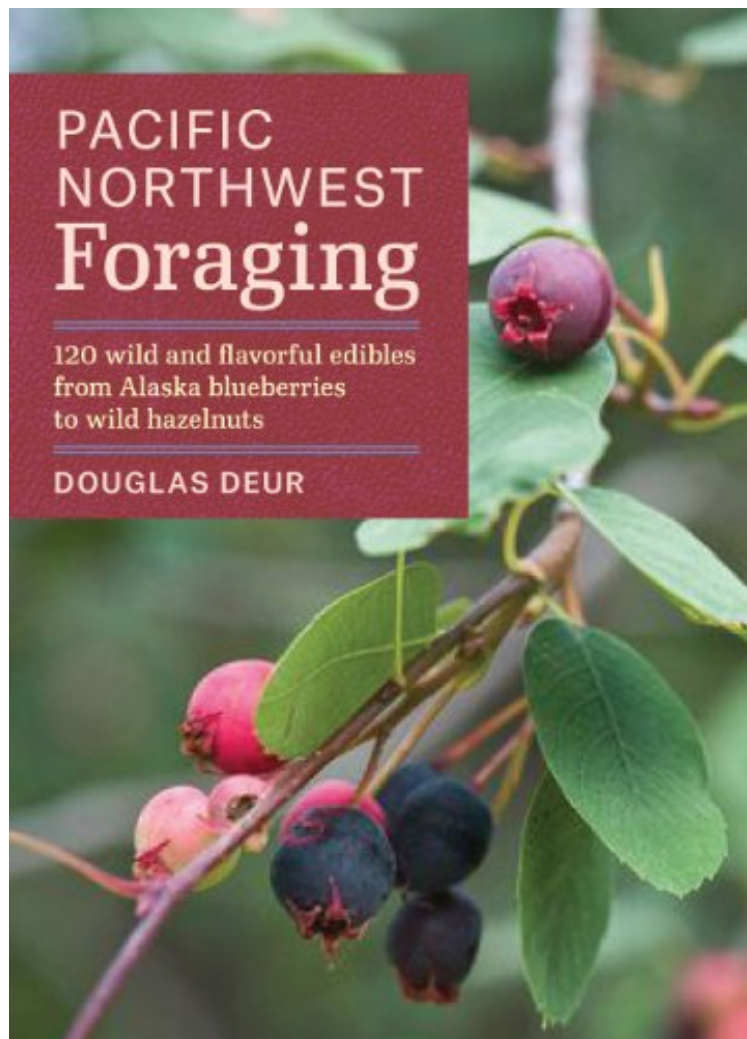


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Pacific Northwest Foraging: 120 Wild and Flavorful Edibles from Alaska Blueberries to Wild Hazelnuts (Regional Foraging Series)

Douglas Deur

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Douglas Deur : Pacific Northwest Foraging: 120 Wild and Flavorful Edibles from Alaska Blueberries to Wild Hazelnuts (Regional Foraging Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Pacific Northwest Foraging: 120 Wild and Flavorful Edibles from Alaska Blueberries to Wild Hazelnuts (Regional Foraging Series):

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The Pacific Northwest offers a veritable feast for foragers. The forests, meadows, streambanks, and even the weedy margins of neighborhoods are home to an abundance of delicious wild edible plants. Discover wild lilies with their peppery flowers, buds, and seeds and use them in your spring salads. Select sweet, succulent thistles or the shoots of invasive Himalayan blackberries and Japanese knotweed to add wonderful flavor to hearty soups.

Doug Deur invites us to discover the taste and history of the Northwest. Spencer B. Beebe, author of *Cache: Creating Natural Economies* and founder of Ecotrust I came to the Pacific Northwest because of the endless bounty of ingredients to cook with. This book opens my eyes to even more of the regions edible wild treasures. Vitaly Paley, chef and owner of Paleys Place, Imperial, and Portland Penny Diner Pacific Northwest Foraging may change the way you see the world. Pacific Northwest Magazine