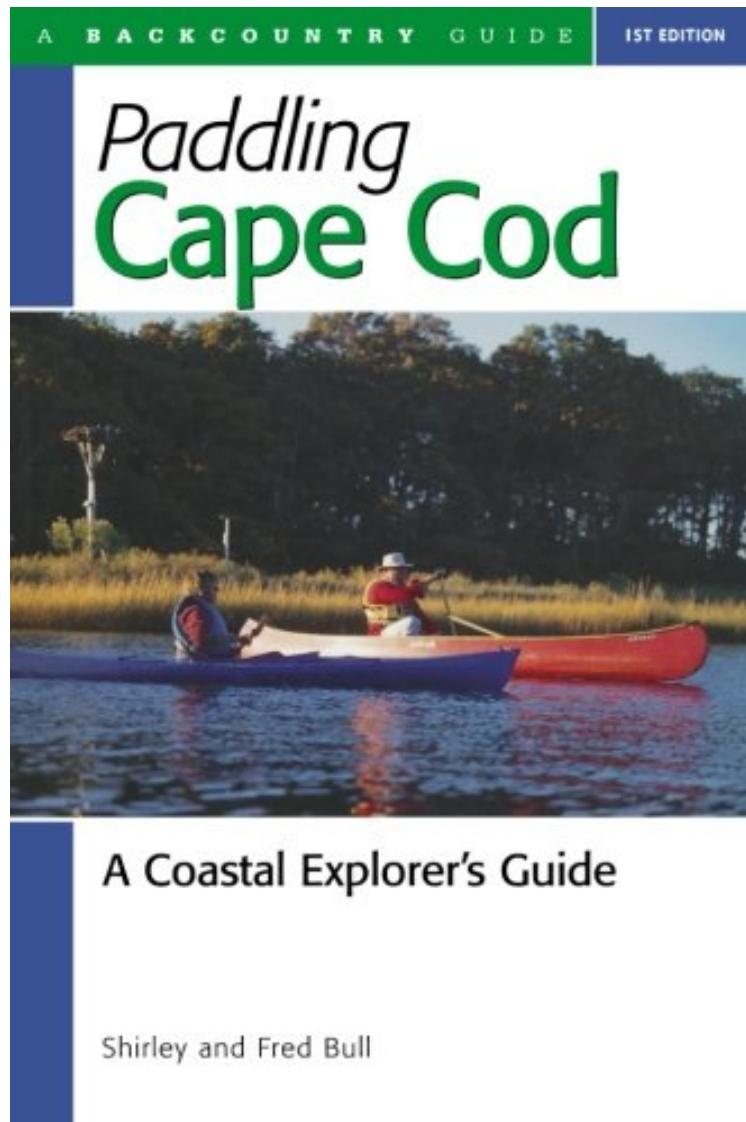


Paddling Cape Cod: A Coastal Explorer's Guide

Shirley Bull, Fred Bull
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The region's first paddling guide explores the rivers, marshes, ponds and shoreline of Cape Cod. A paddling guide designed for canoeists and kayakers who want to explore the Cape's rivers, marshes, and shoreline and learn about the region's natural history. Paddling the Cape's waterways is the best way to see its wildlife and to understand the ever-changing forces of sand, tide, and wind that define this land-and it's a perfect way to escape the crowds. The authors are experienced paddlers who own a canoe and kayak touring business. Full of natural history, this guide also has practical details, like where and when to go; tides, currents, and safety considerations; and information about where boats can be rented. This guide is endorsed by Cape Cod Museum of Natural History. Black-and-white photographs throughout; 41 maps

Shirley and Fred Bull. . . have written a book full of the information they've gleaned over the decades in their experiences canoeing and kayaking this peninsula's edges. --Gerree Hogan TrudeauAbout the AuthorShirley and Fred Bull own and operate Cape Cod Coastal Canoe and Kayak in Falmouth, Massachusetts. Since 1993 they have been guiding natural history tours by canoe and kayak for organizations and private groups. Shirley also works at the Woods Hole Oceanographic Institute. They live in East Falmouth.