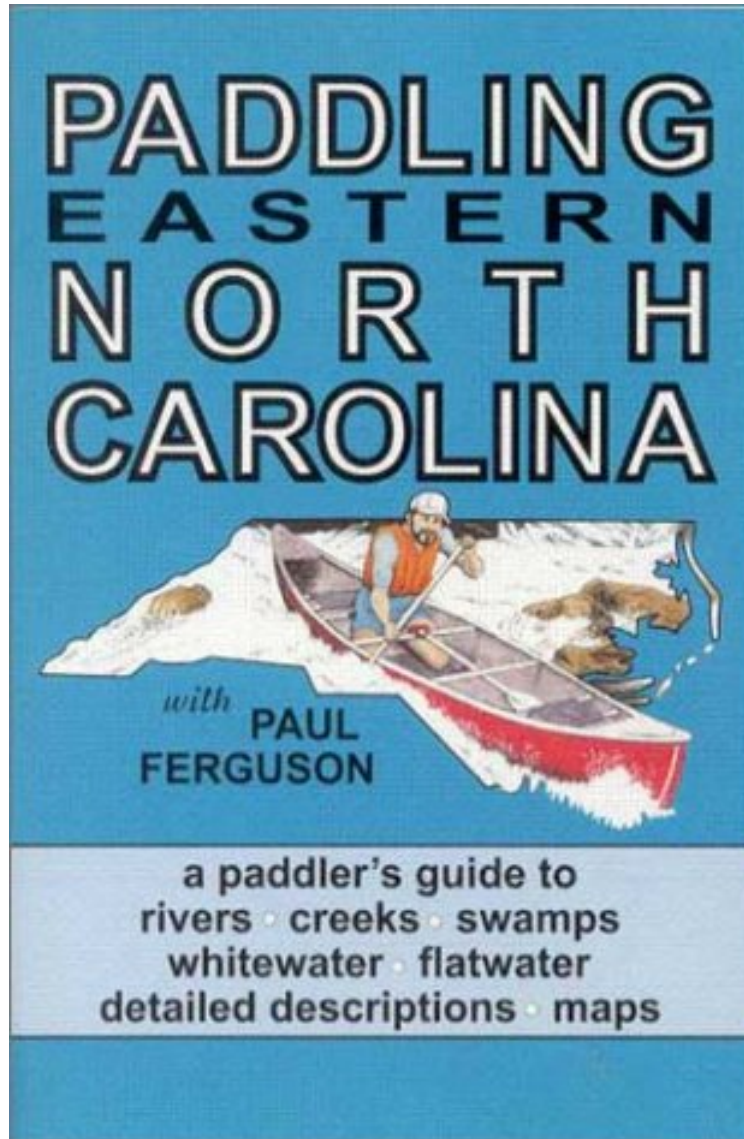


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## Paddling Eastern North Carolina

*Paul G. Ferguson*

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"Paddling Eastern North Carolina" is a new canoeing and kayaking guide to rivers, creeks, and swamps of eastern North Carolina. From exciting whitewater of the Piedmont foothills to quiet blackwater of the Coastal Plain, the guidebook includes over 2,600 miles of paddling trips on 70 streams. The trips are selected from over three-quarters of North Carolina from the Yadkin-Pee Dee Basin to the coast: Some of these streams are covered by a guidebook for the first time. Each trip includes detailed descriptions, maps, distance, difficulty, width, and gauge information. Also included is information about River Rating Systems, Paddling Safety, Paddlers Rights, Paddling Courtesy, River Camping, River Gauges, Water Quality, River Selection, and Clubs and Organizations,.

About the AuthorPaul Ferguson has paddled the streams of North Carolina since 1973. He has led trips for several canoe clubs and been the trip leader for expeditions in Labrador and Lapland. From 1999-2002, he paddled over 2,600 miles of different rivers in eastern North Carolina. Paul is a member of the Carolina Canoe Club, Coastal Canoeists, Lumber River Canoe Club, Canadian Recreational Canoeing Association, American Canoe Association, and American Whitewater. He has served the Carolina Canoe Club as President, Board of Directors, and Safety and Training officer. He has also served on the North Carolina Rivers Assessment Advisory Board and North Carolina Trails Association Board of Directors. Paul has authored the following articles: "Mining Threatens Labrador's Rivers" in Canoe Kayak magazine; August 1996; "Canoeing NC's Lumber" in Paddler magazine, Jan/Feb 2000; and "Canoeing Labrador's Notakwanon River" in Kanawa magazine, Aug/Sep 1997. In December 2002, he published a new canoeing and kayaking guidebook -- "Paddling Eastern North Carolina."