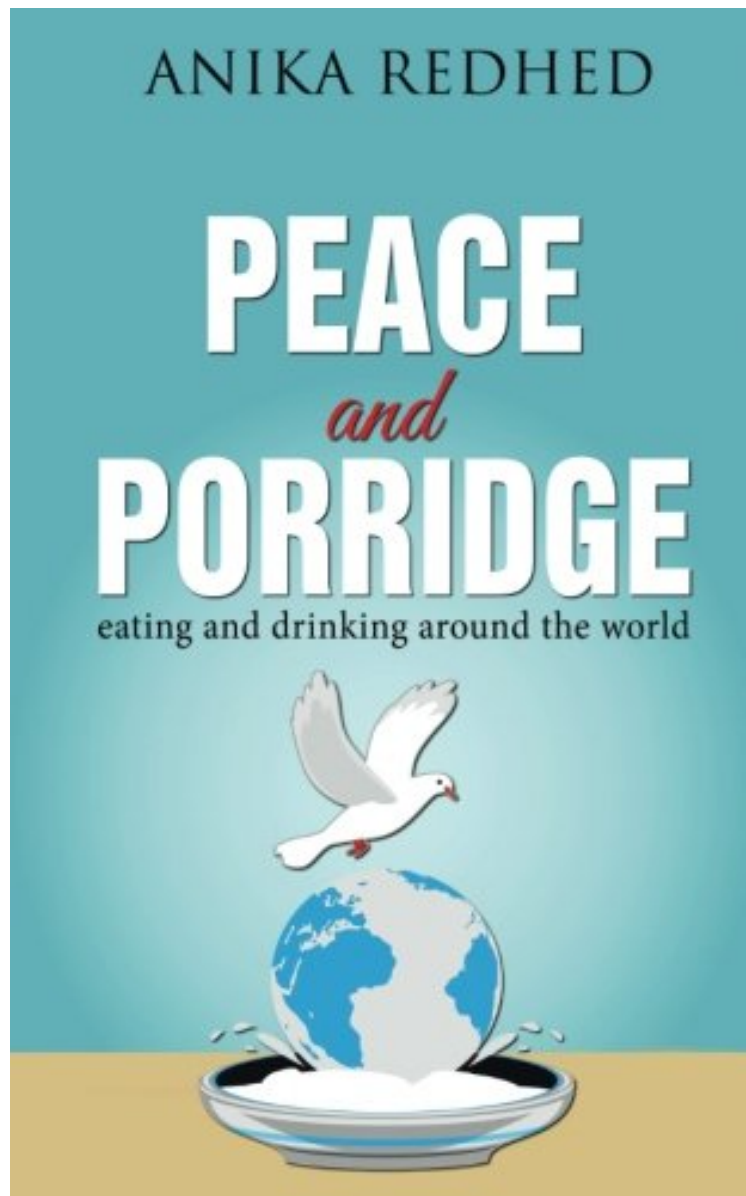


(Download free pdf) Peace and Porridge: eating and drinking around the world (Volume 1)

# Peace and Porridge: eating and drinking around the world (Volume 1)

*Anika Redhed*

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**Anika Redhed : Peace and Porridge: eating and drinking around the world (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Peace and Porridge: eating and drinking around the world (Volume 1):

10 of 10 people found the following review helpful. Was given a free copy for an honest review. By George Saoulidis I didn't expect to like this book so much. It's a travelogue about food, with the logos part in abundance. It is very, very talky, kind of what you'd expect when reading a blog. But that doesn't mean it's a bad thing, or that it isn't enjoyable. It is very funny and sarcastic, but it all depends on whether you like the author enough to follow her around her trips. I did, and got a few laugh out loud moments. Imagine if some lady watched Discovery's Bear Grills, and said, "Oh, he's onto something. I might do the same thing, I'll go around the world showing people how I drink and eat disgusting and amazing things, describe to them exactly how everything feels so they cringe and gag alongside me, then I'll add a ton of sarcasm and funny personal experiences so they can't peel their eyes off the page." So yeah, YMMV. The stories are not in a proper order, or rather not in a strict geographical or culinary order. They come and they go like an organic casual conversation, topics appearing and fading one after another. Also, the book is accompanied by videos, just plain old youtube-style, that show you some of the things she experiences. One of them is about people eating in the dark, so yeah. It is exactly what it says on the tin, a black frame and restaurant voices of people trying mystery dishes in the dark. The videos turn this from just a plain old book into a multimedia experience, so that's a major plus. It has a lot of personality which appealed to me, but I'm sure some people won't like it that much. Ignore those people as you eat chocolate sprinkles on a sandwich and fly away.

9 of 9 people found the following review helpful. A revisit to when I traveled. By Rodney Carlson I read just the first chapter in this book and was hooked. I ended up reading this book in one sitting, which is very rare for me. Much like the author, I enjoy traveling beyond the painted facade of the tourist areas. Exploring the villages off the beaten path and the outskirts of the cities gives you a chance to learn about the real lifestyle and culture of the people. I have traveled to some of the same locations as Anika Redhed and often stayed in the homes of the people. Her descriptions and stories of these places were similar to mine. The accounts detailed were vivid and memories stirred out as I went to the next page. You get to share her experiences of the sublime, the good, the bad, and the ugly of her meanderings across the globe. The events and stories range from serious to humorous and you feel like you are part of the adventure. If you want to know about the rustic side of humanity, then I recommend this book. Outside of a small rant at the three quarter mark, I thoroughly enjoyed this book, and feel you will too. I received a review copy of this work.

7 of 7 people found the following review helpful. International foodie. By DragonOne For the armchair traveler that loves would like to try foods from other cultures but would prefer not to, this is the book to read. Told in a sprightly conversational style that includes the reader as if they were a fellow traveler, I could almost smell and taste the foodstuffs as they were being placed on her table. Of course not all foods described in these pages are delicious, nor are they intended to be (most especially the porridge from the title) but something of value is always learned from their consumption. As food plays such a large role in our social interactions, so much of the eating and the sharing of food involves bowing to local custom and particularly not attempting to offend the food servers, no matter the type, taste or exoticism of the food being offered, a common theme of the author as she travels the globe (impressively, quite a large part of it!). Particularly liked her experience of eating in a restaurant in the dark and her surprising revelations of her experience.

High quality armchair traveling and three hours of fun and entertainment. Sometimes you have to eat porridge to keep the peace. At other times you have to thoroughly stir your hot chocolate or get drunk in order not to lose face. A view of fake eggs, plastic cheese and of course Mahna Mahna. Travel along from the comfort of your own armchair. Wonder, laugh and learn. This book contains no recipes nor an in-depth overview of world wide cooking. The writer tells her personal experiences with the food and eating habits of other cultures, analyzing the world and its inhabitants as a side dish. Featuring stories about China, Russia, Cuba, Indonesia, Romania, Italy, Germany, Kaliningrad, Portugal, Argentina, Sri Lanka, The Netherlands and more. The book has links to videos matching the theme. 5% of book profits is donated to Heifer International. About Behind The Sights: There is so much more to traveling than just the sights. The Great Wall is, well, great, but the signs on the inside of a bathroom door can be just as interesting. Behind The Sights publishes books, entertains viewers with travel videos on You-tube and shares travel tips and pictures on other social media. Our insights are fun, interesting and with a touch of sarcasm. Find us also on: Facebook, Twitter, Youtube, Pinterest and Instagram.

About the Author I was born with a pen in my hand. Which led to nasty questions by the CPS as to how that pen got in there, me fleeing and becoming the traveling toddler. I related better to books than to people, so I studied Psychology to get a better grasp of humanity. After that I volunteered in the US, Romania and The Philippines, until I found out that there were people actually willing to pay for my work. So I did the mortgage commute-IKEA-thing, until the day that my clogs broke. And now I serve the world by traveling, writing about it and making people smile, for that is what I do best.